

HOW TO USE THIS RESOURCE

Herd Middle School are easy-to-use, engaging lessons that are geared toward middle school and junior high students. Bible-based and single-focused, they're designed to help everyone from volunteer leaders to experienced full-time youth workers quickly facilitate great discussions with clear takeaways and real-life application steps.

**MORE
THAN ME**

WHAT TO DO

1. One handout / Two options:

- **SIMPLE:** Give everyone both front and back pages. Just print and go!
- **CUSTOM:** Give students the back page. Keep the front page as a leaders-only resource so you can customize the opening question, teaching, and discussion prompts for your group's needs.

2. **Apply It:** Challenge students to get specific. Growth happens when we make a plan, then ask others to keep us accountable. You may want to choose a different student to personally follow up with after each lesson.

3. **End with prayer:** Each lesson ends with a different prayer method to help students continue thinking about how The Takeaway applies to daily life. Spend a few minutes walking through the prompts to make sure your students know what they need to do when they're on their own during the week.

4. **Plan your optional service opportunity:** Each set of 4 lessons comes with a service opportunity idea that helps students live out what they are learning. You pick the time and place that works best for your group!

MORE THAN ME SERIES OVERVIEW

Four lessons about living like Christ—in a way that lifts up everyone around us.

This study focuses on the Biblical mandate to look towards the needs of others, not just our own. Our natural desire and instinct are to take care of ourselves above everyone else. Christ teaches and demonstrates a different way to live, one that lifts up everyone around us.

LESSON 1

After You

SCRIPTURE: Philippians 2:1–11

THE TAKEAWAY: Following Jesus means considering the needs and interests of others.

LESSON 2

In The Name of Love

SCRIPTURE: Luke 10:25–37

THE TAKEAWAY: We should look for ways to help all people, not just those like us.

LESSON 3

How Low Can You Go?

SCRIPTURE: John 13

THE TAKEAWAY: Jesus set the example that no act of service is too low when done in love.

LESSON 4

Solid Service

SCRIPTURE: Matthew 20:20–28

THE TAKEAWAY: If the Son of God came with an attitude and mindset of serving others rather than being served, so should we.



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STUDENT SERVICE OPPORTUNITY IDEA

Serve the Church

Every church has teams, committees, or groups of volunteers that tackle all the weekly tasks that keep the church running. Find a team and ask if you can help this week, and learn how to serve. Maybe there is a team that prepares and serves meals that you could help with. Perhaps a team that handles the church's lawn and landscaping could use some extra help. Find someone serving and serve alongside them.